



Clinic Informations

Warszawa, Polska

Competition 5 Officials IJF Kata's

Nage-No-Kata

Katame-No-Kata

Ju-No-Kata

Kime-No-Kata

Kodokan Goshin-Jutsu



Uniform info

Competitors:

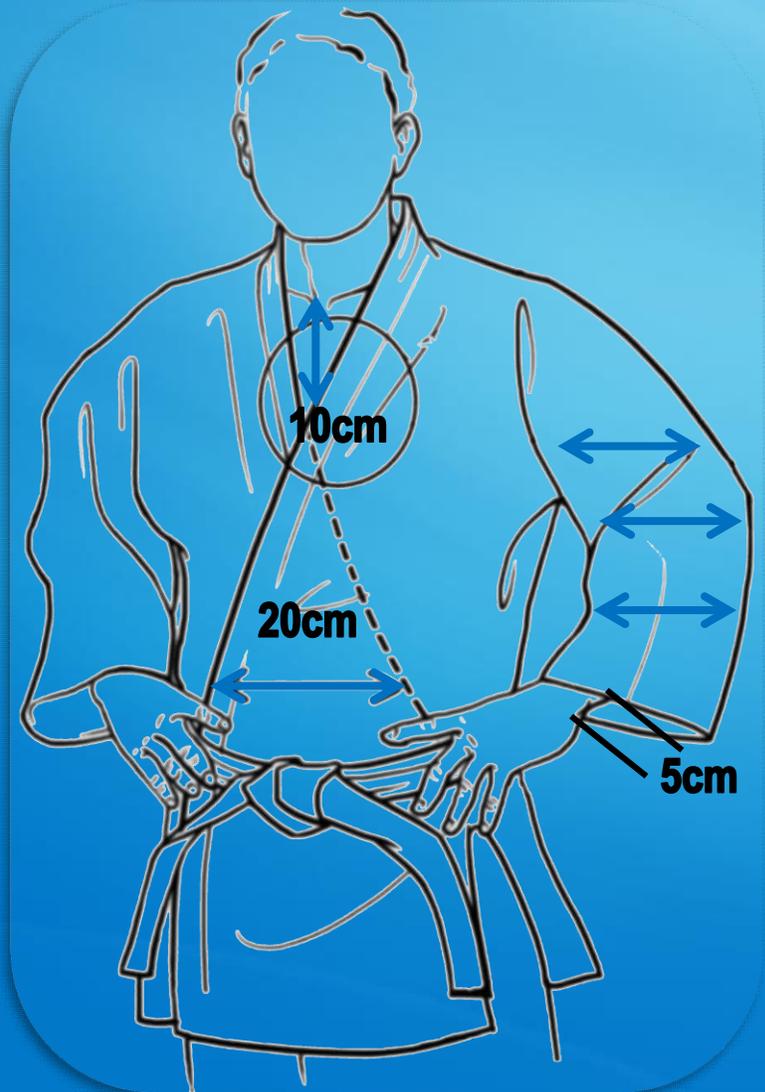
judogi and back number
according to IJF,
black belt 20/30cm,
white T-shirt for women.

Kata Judges:

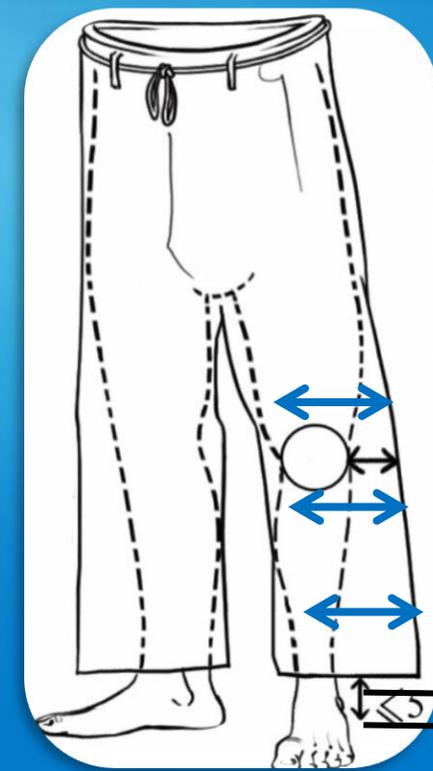
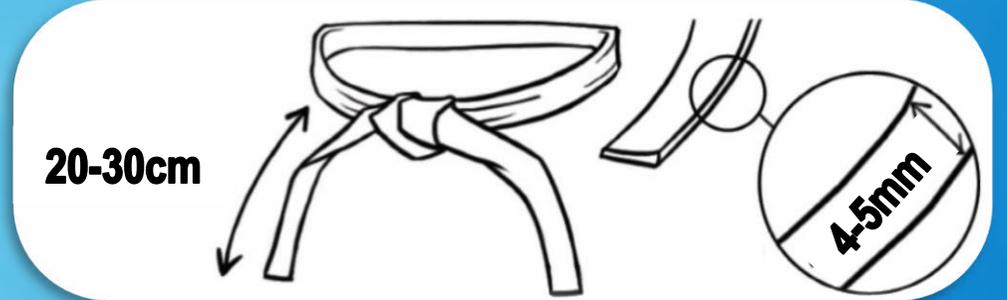
navy blue jacket, dark grey trouser
white shirt, EJU/IJF kata judge tie,
black socks and shoes



Judogi Size



10-15cm



10-15cm

5cm



Back Number



DISTANCE

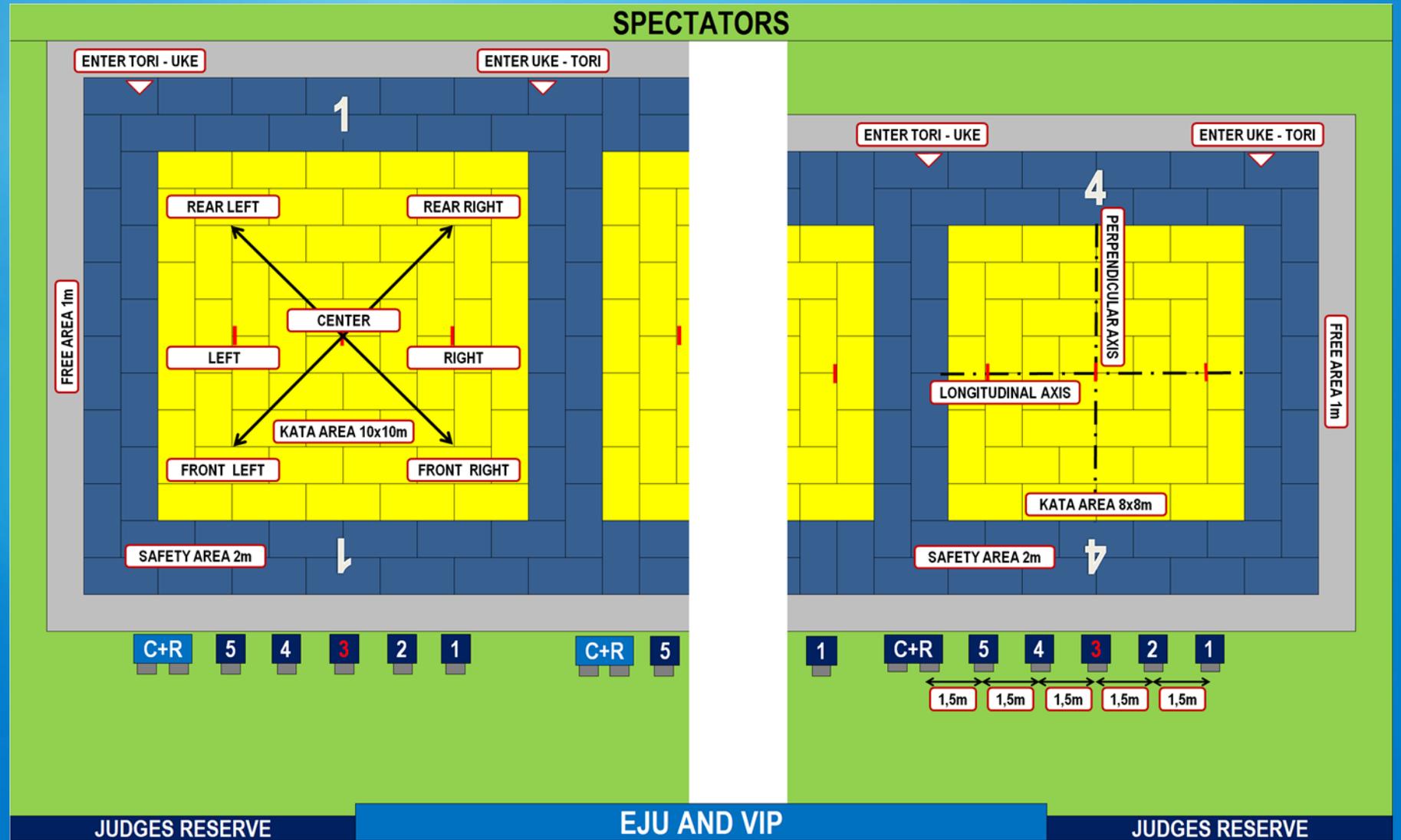
NAME

COUNTRY

SPONSOR



Info Kata-tatami





Kata result

Kata result:

the result for one pair is the sum of the points for each technique.

Technique result:

the maximum and minimum point for each technique will be cancelled.

Fluidity, course and rhythm is included in each technique.

For every technique without big mistake: min 5

For every technique without forgotten: min 1



Evaluation Model

10	perfect		
9	almost perfect	1 small	
8	very good	2 small	
7	good	1 medium	
6	almost good	1 small and 1 medium	
5	enough	2 small and 1 medium	
		1 big	when you see a big mistake
4	almost enough	1 big and 1 small	
3	poor	1 big and 2 small	
2	very poor	1 big and 1 medium	
1	bad	1 big, 1 medium and 1 small	
1	very bad	1 big, 1 medium and 2 small	the rules
0	very bad	1 forgotten	when you see a forgotten



Forgotten (F)

Omitted technique.

Reverse starting: in opening ceremony
and each technique big mistake.

Change the sequence of the techniques:
each technique changed in sequence is forgotten.

Maximum one X



Wrong Technique (B)

The execution of the principle is incorrect or wrong technique.

Reverse position tori – uke, for each technique

(forgotten reverse starting position).

Losing of control, each technique.

Losing the belt, each technique.

Losing the weapons, each technique (kime and goshin).

Perform the technique twice the same side (nage).

Maximum one X



Medium Mistake (M)

Starting position.

Distance tori-uke.

The bow.

The correct way: one or more elements of the principle are not applied in the correct way.

Effectiveness, realism and fluidity, each technique.

Losing protection and bandages: in closing ceremony.

Judogi, obi, T-shirt and backnumber: in opening and closing ceremony.

Maximum one X



Imperfection.

Small Mistake (S)

Maximum two X



Correction Value (Halved Point)

Correction Value (Introduced for WC 2017).

At the end of each technique the Judge has the possibility to leave the point as it is or to add or remove 0,5 points to the final score writing in the scoring card a “+” or a “-“ in a dedicate column.

The “IJF Kata evaluation rules 2015” don't change

Maximum one + or -



Correction Values

For each technique Judge can increase or decrease for 0,5 point their scores.

+ mean add 0,5 point

- mean decrease 0,5 point

Maximum one digit '+' or '-' can be empty.



Injury, illness or accident

When Tori or Uke is unable to continue because of injury, illness or accident during the execution of the Kata, the couple will be considered out of competition.

In case of *Minor injury* like bloody wound, broken nail or a problem with contact lenses, according to the decision of the judges, the Kata execution will be stopped and the athlete will be assisted by a Doctor out of the competition area.

The competition will continue and the couple will repeat entirely the Kata soon after the last called couple.



Minor Injury

In case a new Minor injury happens at the same athletes during the second execution of Kata, the couple will be considered out of competition.

In the case that Minor injury happens after a forgotten technique, the couple will be considered out of competition.



Situations not covered

Where any situation arises which is not covered by these rules,
it shall be dealt with and a decision will be given by
the Kata-commission.



How to give points

Elements to be observed	Kind of mistake
Preparation. Movement to the start. Position, distance.	Small/ Medium
Action and reaction.	Small/ Medium
Result, release.	Small/ Medium

Example: technique.

Start:

whem tori release the technique before

End:

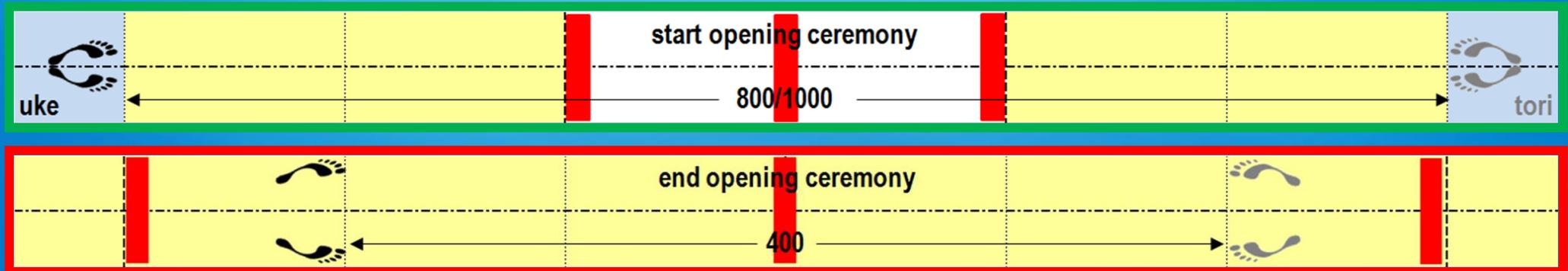
whem tori release the technique



Opening ceremony

Elements to be observed	Kind of mistake
Movement , position, distance 600cm. Judogi, obi, back number control.	Small/Medium
Bow, shomen, partner.	Small/Medium
Movement to shizen-hontai 400cm.	Small/Medium

Example: bow.

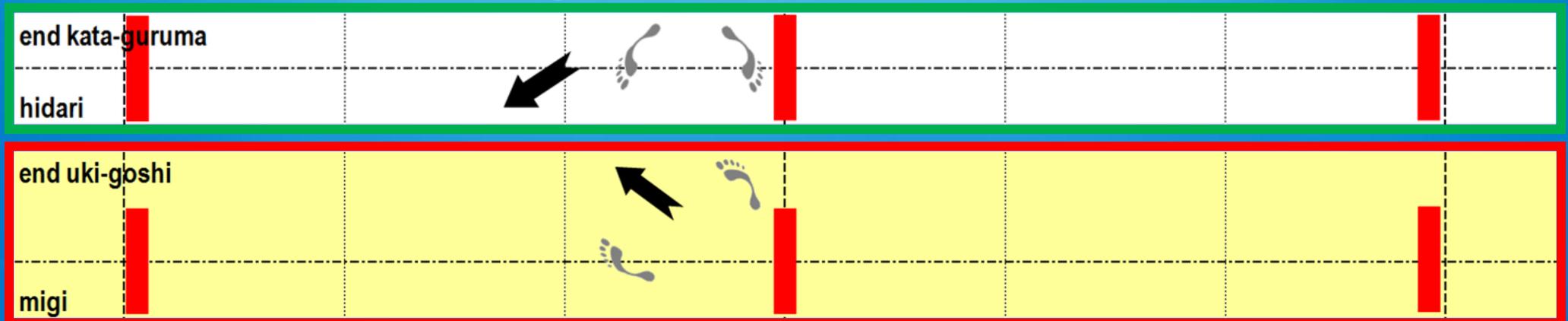




Nage-no-kata

Elements to be observed	Kind of mistake
Movement (sliding), position tori , distance uke , 30, 60, 90, 200cm.	Small/ Medium
Action and reaction.	Small/ Medium
Result (ukemi), release.	Small/ Medium

Example: uki-goshi

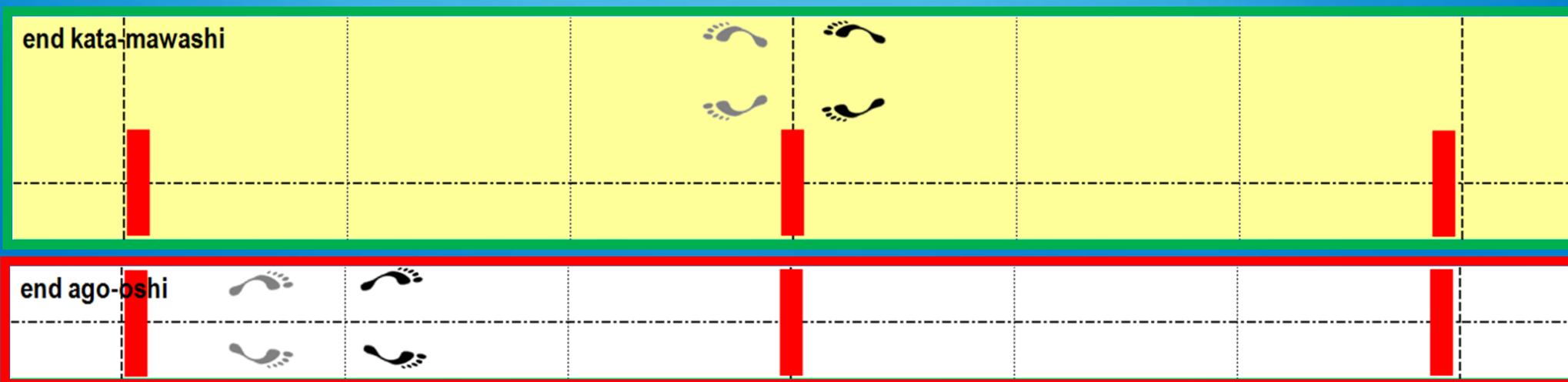




Ju-no-kata

Elements to be observed	Kind of mistake
Movement (sliding). Position tori, distance uke.	Small/ Medium
Action and reaction.	Small/ Medium
Result (give up 1), release.	Small/ Medium

Example: ago-oshi.

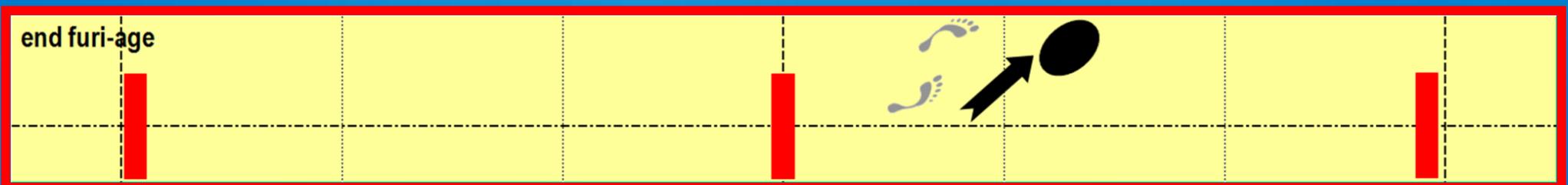
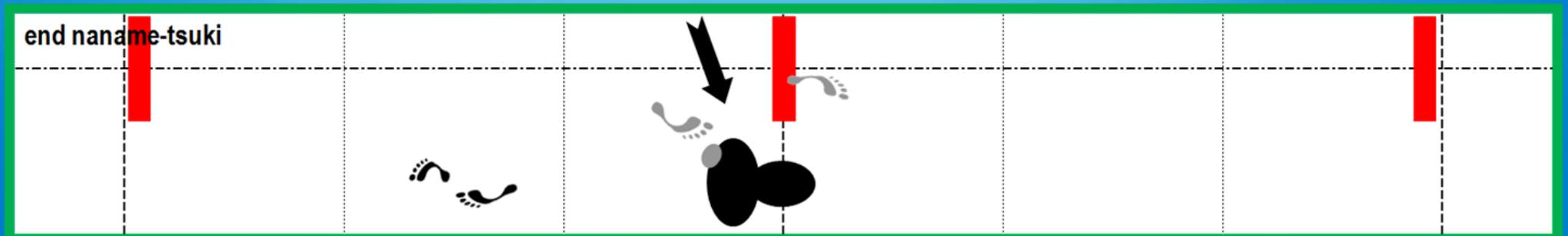




Kodokan goshin-jutsu

Elements to be observed	Kind of mistake
Movement (natural). Position tori, distance uke.	Small/ Medium
Action uke and reaction tori (kiaï).	Small/ Medium
Result (give up 2, ukemi, kick), release.	Small/ Medium

Example: furi-age.

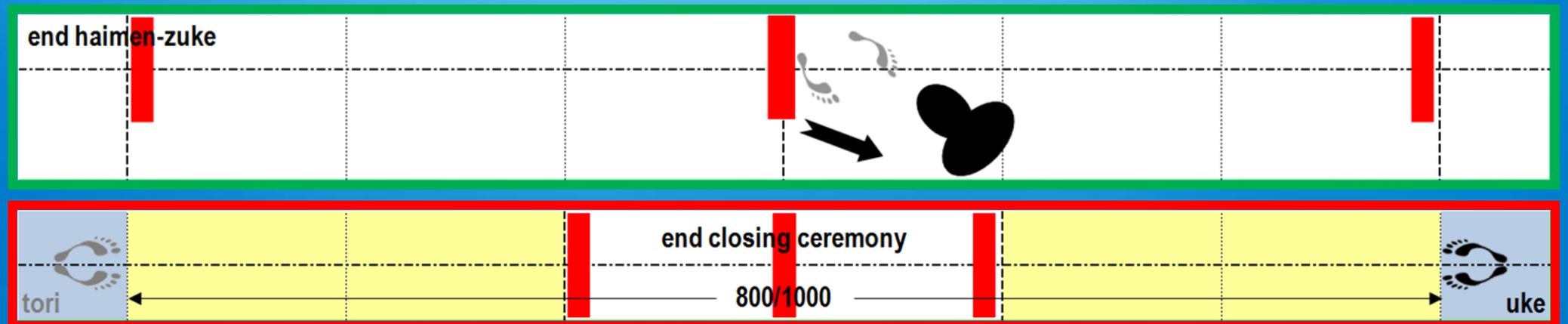




Closing ceremony

Elements to be observed	Kind of mistake
Movement , position, distance 600cm. Judogi, obi, back number control.	Small/ Medium
Bow , partner, shomen.	Small/ Medium
Release kata zone.	Small/ Medium

Example: bow





Score sheet: name

Check on each sheet pairs names or sequence number at the top of the form. Judges has to check is own name.

Nage No Kata

Judge **0** [REDACTED] [REDACTED]

Pairs **0**

SURNAME - Given name	Nation
[REDACTED]	[REDACTED]

		Final	Small Mistakes	Medium mistakes	Wrong technique	Correction Value	Forgotten technique	SCORE
		TECHNIQUES	1	3	5	0,5	10	Total
1		OPENING CEREMONY						10,0
2	Te-waza	UKI OTOSHI						10,0
3		SEOI NAGE						10,0
4		KATA GURUMA						10,0



Score sheet: points

After score evaluation of each technique according to IJF rules: fill only crosses for each technique,

After score evaluation of each technique judge can give correction value : fill '+ ' or '-'

		Final				Forgotten technique	SCORE
		Small mistakes	Medium mistakes	Wrong technique		10	Total
		1	3	5			
Judge	0						
SURNAME							
Pairs	0						
1		TECHNIQUES					
1		OPENING CEREMONY	x				9,0
2	Te-waza	UKI OTOSHI	x	x			6,0
3		SEOI NAGE			x	+	5,5
4		KATA GURUMA		x		-	6,5



Score sheet: changing

Black circle on the cross in case of mistake, than sign close to the circle and put the cross on correct place

Judge	0								
		SURNAME - Given name		on					
Pairs	0								
		Final		Small Mistakes	Medium mistakes	Forgotten technique	Correction Value	Forgotten technique	SCORE
		TECHNIQUES		1	3	5	0,5	10	Total
1		OPENING CEREMONY		x					9,0
2	Te-waza	UKI OTOSHI		x					6,0
3		SEOI NAGE				x	+		5,5
4		KATA GURUMA				x	-		6,5



Hall presentation

LUNCH

SPECTATORS

WARMING UP

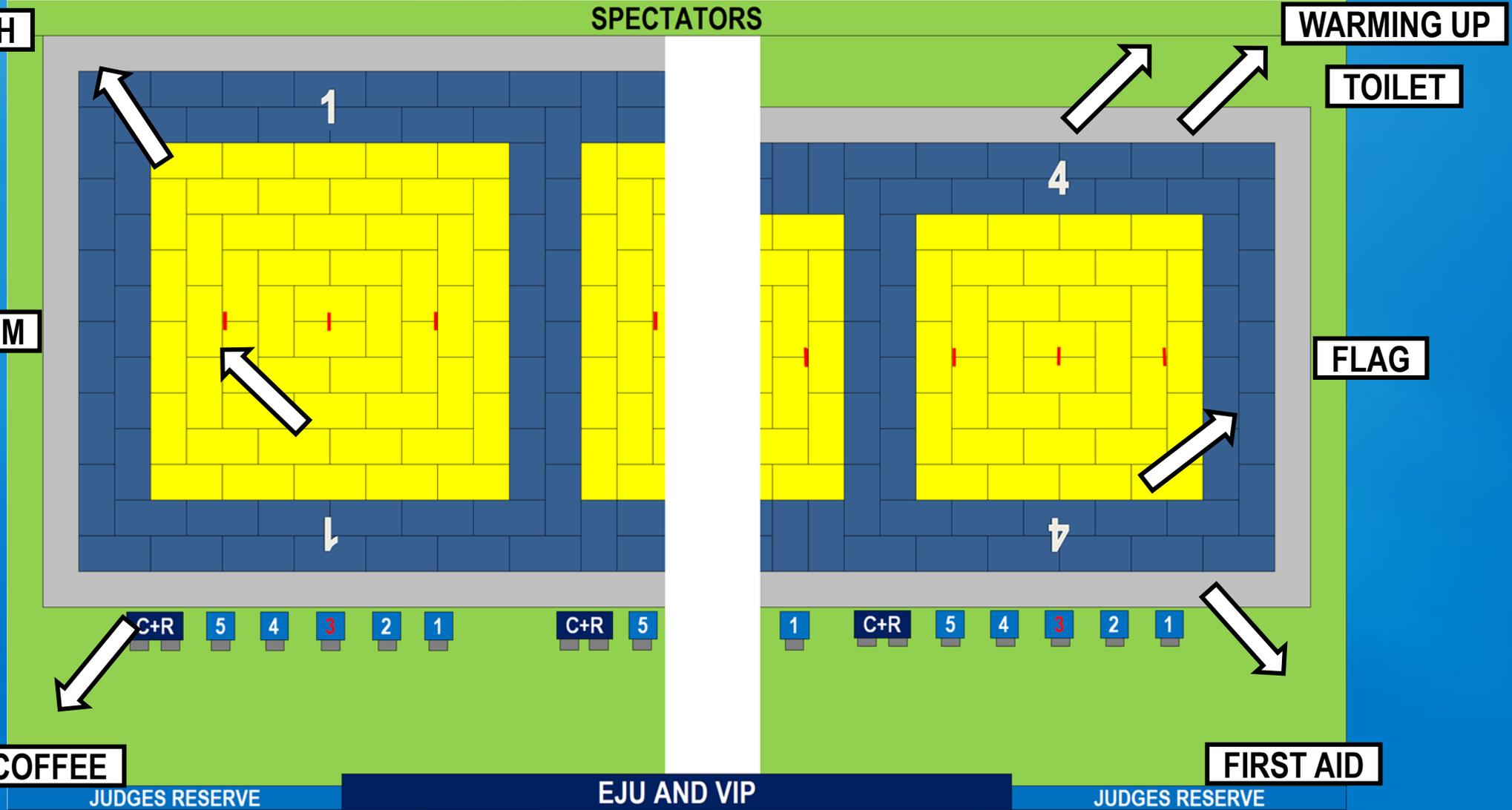
TOILET

PODIUM

FLAG

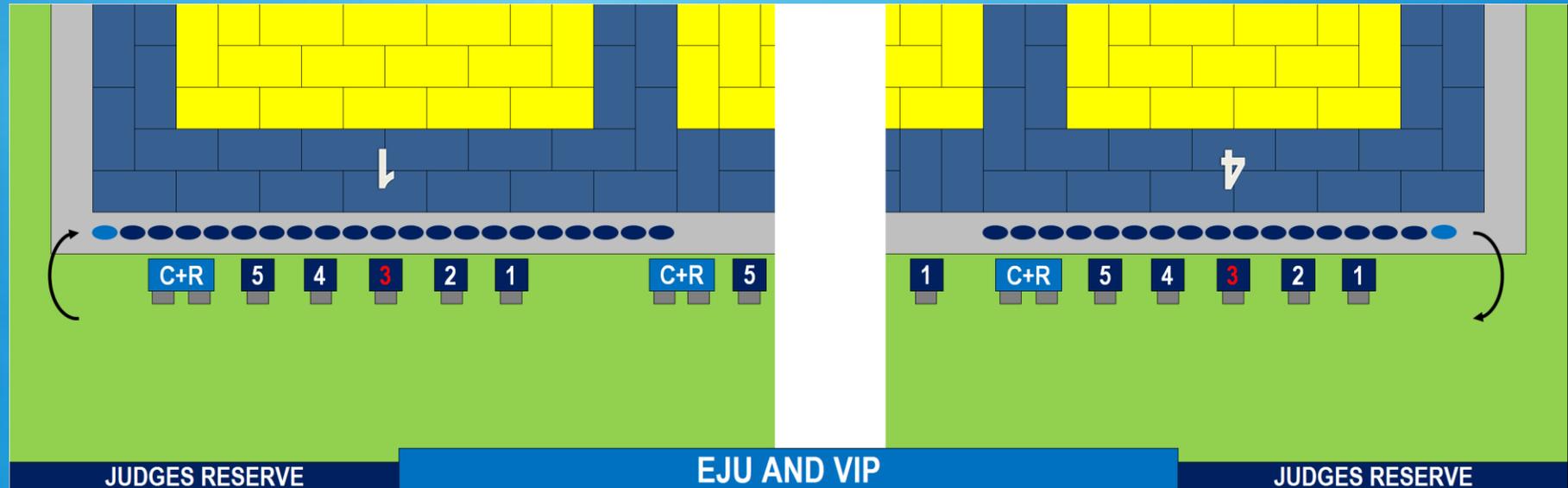
COFFEE

FIRST AID





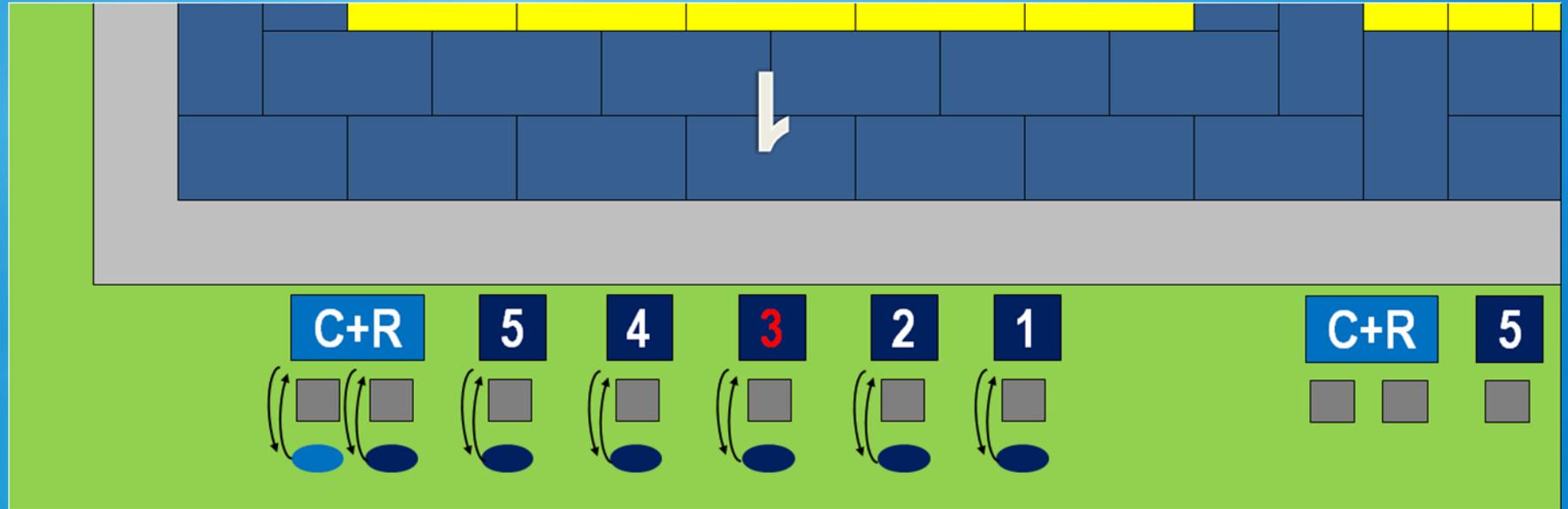
Kata-judge presentation



Before the start of the kata competition.
One line face to the spectators.
The responsible give the REI.
Same at the end of the kata competition.



Kata opening



On the table face to the public, REI (**head judge**) bow.

The judges take place on the tables (left).

The competitors left and right, behind the mat.

Start: head judge in standing position, arms open.

Same bow at the break and the end of the kata.



Available on



<https://sites.google.com/site/mykatawebsite/page-4>

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